

PHLEBOTOMY DISCUSSION GUIDE



Share your thoughts about your phlebotomy experiences with your Healthcare Professional

Phlebotomies can be an effective intervention to help manage HCT levels in people with polycythemia vera (PV). If procedures are becoming inconvenient for you or you are experiencing any side effects, you may want to discuss alternate care management options with your Healthcare Professional.

You may also want to discuss your management plan with your Healthcare Professional if there has been an increase or a decrease in the number of phlebotomies.

The following questions may help you discuss your phlebotomies with your Healthcare Professional:

Why do I get phlebotomies?

How often do I need phlebotomies to maintain my target hematocrit level? Will that change over time?

How much blood will be drawn during a phlebotomy visit? Does that amount change over time?

Do you think I need more frequent or regular phlebotomies? If so, why?

To view all of these and other resources online, go to VoicesOfMPN.com

