

# MF SYMPTOMS DISCUSSION GUIDE



**Maintain an open conversation with your Healthcare Professional about your symptoms and any changes you may experience in how you feel**

When living with a rare, chronic blood cancer like myelofibrosis (MF), it is important that you take an active role in monitoring your symptoms and discussing changes with your Healthcare Professional. Tell your Healthcare Professional if any of your MF-related symptoms become worse or more challenging for you, since this may indicate the need for a change in your care management approaches.

**The following questions may help you discuss your symptoms with your Healthcare Professional:**

**Why is it important to track or monitor my symptoms?**

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**Are some symptoms important to track more closely than others?**

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**How can I tell if the symptoms are due to my MF or to something else?**

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**What might it mean if my symptoms appear and then seem to resolve?**

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**How can I better manage or track improving or worsening symptoms?**

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**What might worsening symptoms tell me about the status of my MF and my management options?**

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**To view all of these and other resources online, go to [VoicesOfMPN.com](https://VoicesOfMPN.com)**

